



Training and Prevention

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Training for Organisations and Multi-agency Professionals

Our training is informed by our over 30 year history of providing specialist sexual violence services in London. We are known to be leaders in the field of support for survivors with all our training delivered by accredited front-line support practitioners.

We believe survivors of sexual violence deserve support and understanding from any and all agencies they access and our training and prevention service is here to support your work in meeting the needs of survivors both within your organisation and who are accessing your organisation. To help with this we offer tailored specialist training packages in all aspects of sexual violence, ranging from a one hour awareness session to a half or full days training. All courses are certificated and can count towards professionals continued professional development (CPD).

Training themes include rape, childhood sexual abuse and exploitation, myths and realities of sexual violence, understanding impacts and responses such as post-traumatic stress disorder, mental health presentations, self-injury and eating disorders, and how to respond sensitively and appropriately to disclosures.

We can deliver our training in-house for your organisation or as part of a local authority multi-agency safeguarding training programme, either delivering one of our popular courses or developing and delivering a bespoke course to meet your needs.

Prevention Workshops and Training for Youth and Educational Professionals

We have developed a series of workshops for young people, aimed at building self-esteem and self-awareness as well as challenging the myths around sexual violence, encouraging young people to adopt a critical perspective on body image and gender roles and develop their understanding of enthusiastic consent both in law and practice.

We believe that taking the time to talk openly and honestly to young people about topics such as gender stereotypes, rape myths, consent and grooming can empower them to help us in stopping the spread of a culture that supports sexual violence.

We have also learnt that many youth and educational professionals are concerned about sexual bullying, harassment and exploitation of their students, whether in school, college, university, online or at home, yet feel unsure how to address the root causes to prevent abuse or what to do in the case of disclosure. Our training for youth and educational professionals addresses this as well as the broader areas of violence against women and girls that may also be affecting young people.

Where funding permits, our prevention workshops and training for youth and educational professionals, are offered free to any school or youth venue in East Surrey and Sussex. Alternatively all training and prevention is available at low cost.

For more information, training costs or to discuss your school or organisation's particular training needs please call 01293 538 477 or email training.coordinator@rasasc.org.uk