

FREE! SIGN UP NOW
for 2013



LOSE WEIGHT FOR GOOD!

WITH **COUNTERweight**®

70%

OF COUNTERWEIGHT
CUSTOMERS
LOSE WEIGHT
AND KEEP IT OFF

Details of your local Counterweight Practitioner are listed below:

Mid-Sussex Wellbeing
01444 477191
info@midsussexwellbeing.org



Courses starting Burgess Hill Friday 11th January, East Grinstead Wed 9th January and
Crawley Down Thurs 17th January. Book your place NOW!