

# Greener Grinstead

## Top Carbon Busting Tips

Here are just a few of the many simple, common-sense measures you can do right now that could help towards reducing your carbon footprint.

1. Fit energy saving light bulbs – available from on-line suppliers or in high street stores.
2. Reduce your landfill waste by over 40% by buying a food composter. Purchase a discounted Green Cone or Green Johanna for under £20 from West Sussex County Council and start composting your kitchen craps. Visit: [www.greencone.com](http://www.greencone.com)  
Telephone: 0800 052 0462
3. Fit a **FREE** Water Hippo or a Saver Flush Bag in your toilet cisterns and save up to 2-3 litres per flush!  
Contact: South East Water at: [www.southeastwater.co.uk](http://www.southeastwater.co.uk)  
Telephone 0845 301 0845.
4. If you're buying new electrical goods e.g. dishwasher or washing machine choose one that is "A" rated for energy and water consumption.
5. When recycling remember to put all your items out for kerbside collection – with the new alternate weekly system Mid Sussex will collect paper, cardboard, some plastics, junk mail, tins, and even glass



- co-mingled – so no more unnecessary trips in the car to the dump or bottle bank!
6. For short journeys consider walking or cycling rather than driving - not only is this pollution free, but it is also good exercise.
  7. If you can't avoid using your car, make sure you keep your tyres pumped up – when tyres are pumped properly on your vehicle it will use significantly less fuel. And always consider your speed - driving more slowly produces less pollution and less carbon.
  8. Consider turning your thermostat down at home. Reducing your room temperature by 1°C could cut your heating bills by up to 10 percent. You could save around £40 per year.
  9. Is your water too hot? Your cylinder thermostat shouldn't need to be set higher than 60°C/140°F

10. Close your curtains at dusk to stop heat escaping through the windows.
11. Don't leave appliances such as TV's on standby and power down your home computers over night.
12. When at home switch off lights in rooms not in use.
13. And remember to unplug all chargers, especially any mobile phones when not in use.
14. If you're not filling up the washing machine, tumble dryer or dishwasher, use the half-load or economy programmes.
15. Only boil as much water as you need (but remember to cover the element if you're using an electric kettle).
16. And finally, it may not seem a big deal, but a dripping hot water tap wastes in one week enough hot water to fill half a bath, so fix leaking taps and make sure they're fully turned off!

**Do you have any great "green" tips you'd like to share with us?**

If so, please email us at: [info@eastgrinstead.gov.uk](mailto:info@eastgrinstead.gov.uk)

**We'd love to hear from you.**